

Kent, CT Bike Routes

A program of the
Upper Housatonic Valley
National Heritage Area



In partnership
with the
National Park Service



Photos Courtesy of The Bicycle Tour Company



Visit www.HouBikeWalk.org for
map downloads and details

HOUBIKE CUE SHEET

- R - Right Turn
- L - Left Turn
- S - Straight
- BL - Bear Left
- BR - Bear Right
- TL - Traffic Light
- SS - Stop Sign
- Y - Yield Sign

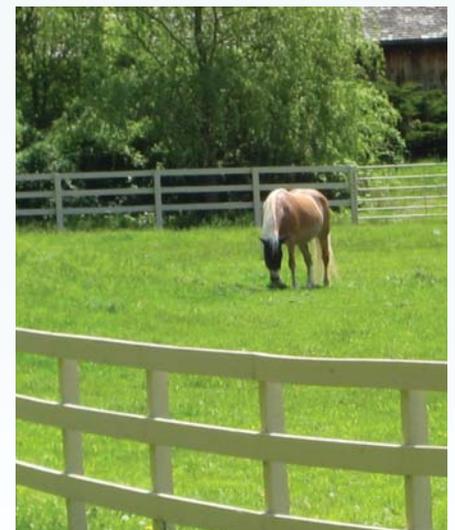
**Distances are in miles
and are approximate.**

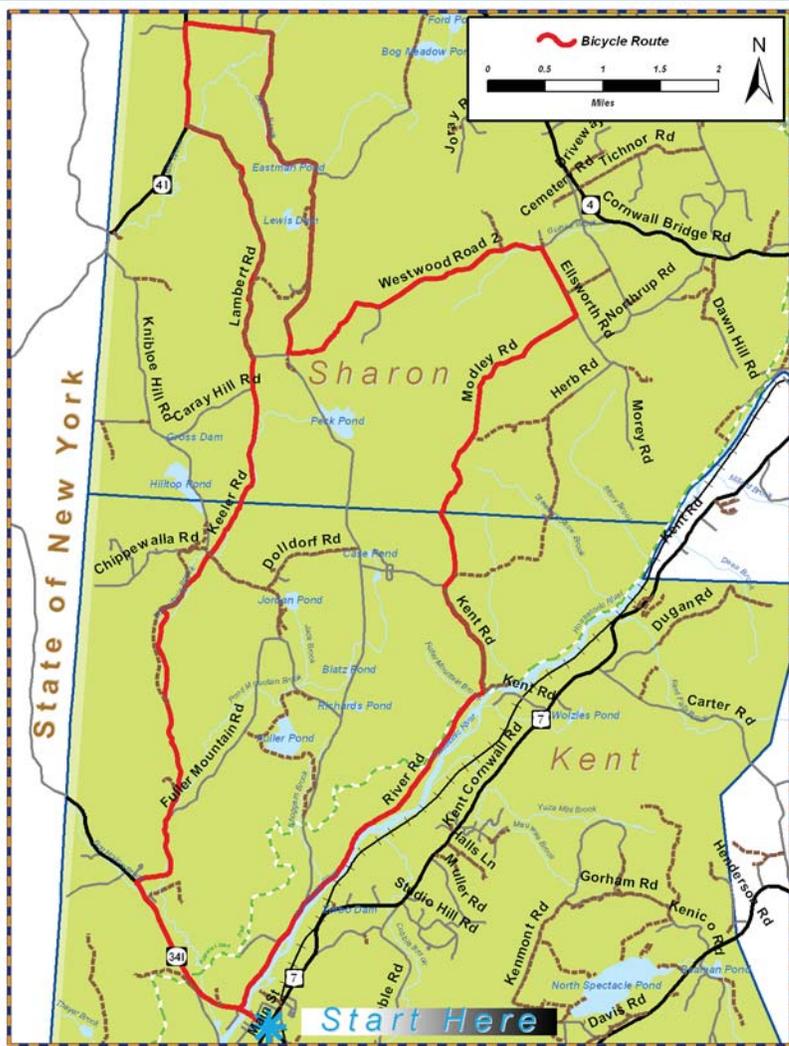
Kent Loop 5

For this challenging 25.2 mile ride, you will need a mountain bike. Roughly 70% of this ride is on dirt roads – and what roads they are! You should also be sure to bring along enough food and water because there are no convenience stores nearby.

Leaving the center of Kent you head west along Route 341 and make a right hand turn on Macedonia Brook Road. You are heading towards the Macedonia State Park. The road will soon turn to dirt. When you hit the next section of pavement, you should be at the intersection of Keeler and Lambert Road. You will need to pay close attention to the ride directions and the map, because, in keeping with their frugal Yankee heritage, the two towns – Kent and Sharon - have not spent lavishly on road name signs. The next paved road you should encounter is at the intersection of Rt. 41 and Lambert Road. This stretch of road is the only one that is through extensive farm fields.

After wending your way along more dirt roads, you will drop down to River Road along the Housatonic River. A short stretch of River Road is part of the Appalachian Trail. When you reach pavement again, you will be at the edge of the Kent School campus and close to the end of your ride.





Kent Bike Route #5 - Dirt Road Loop - 25.2 miles Challenging - Mountain Bike Required



0.0 From the traffic light in the center of Kent bike in the direction of 341 West / Bridge Street.

1.7 Turn **RIGHT** onto Macedonia Brook Road and follow the brown Macedonia Brook State Park sign.

2.5 Bear **LEFT**, continue through Macedonia Brook State Park at the intersection of Fuller Mountain Road.

3.6 Continue **STRAIGHT** at the Ranger Station.

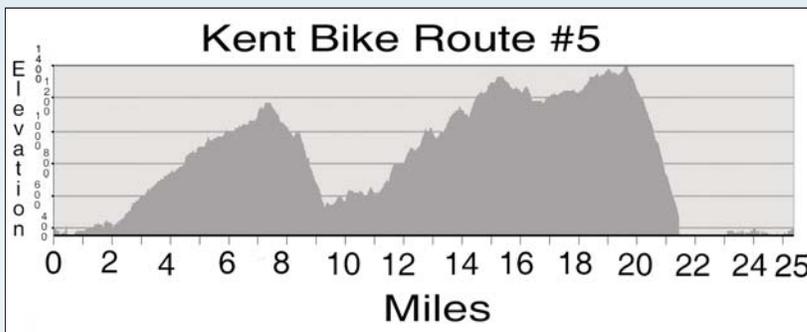
5.0 Turn immediately **RIGHT** after the bridge onto Keeler Road.

6.6 At the stop sign continue **STRAIGHT** on Keeler Road as the road turns to pavement.

6.9 Turn **LEFT** onto Lambert Road.

9.3 At the stop sign and T-intersection, turn **RIGHT** onto 41 North. (not marked)

10.1 Turn **RIGHT** onto Boland Road.



10.6 Continue **STRAIGHT** onto West Woods Road #1.

14.1 Turn sharp **LEFT** uphill onto West Woods Road #2, just before the pavement.

16.7 At the stop sign and T-intersection turn **RIGHT** onto South Ellsworth Road.

17.3 Turn **RIGHT** onto Modley Road, which turns into Skiff Mountain Road.

20.4 Bear **LEFT** onto the dirt road. (North Kent Road - not marked) There is a white barn mail box #530 at the intersection, and do not follow the pavement uphill to the right.

21.4 Turn **RIGHT** onto River Road at the T-intersection. (not marked)

23.9 Merge **LEFT** onto Skiff Mountain Road (pavement).

25.0 At the stop sign turn **LEFT** onto 341 East by the entrance to Kent School.

25.2 Finish in the center of Kent by the traffic light.

A few notes of explanation – and caution – are in order...

- All the routes are along existing roads. There are no dedicated bike paths.
- Obey the traffic laws! Under Connecticut law, bicycles are vehicles and must obey the traffic laws including stopping at traffic lights and riding on the right hand side of the road.
- Wear a bicycle helmet! And wear it properly!
- Respect the privacy of the property owners along the way.
- The good news is that the area is rural. The bad news is that services are limited. You should be sure to carry sufficient water and energy bars with you. Stock up when the opportunity presents itself.
- Cell phone service ranges from limited to non-existent. Don't count it being available.
- The Harlem Valley Rail Trail, a dedicated bike trail which runs along a north-south axis, is just to the west of Sharon and Salisbury. Routes 343 out of Sharon, Rt. 44 out of Salisbury and several smaller roads intersect with the Trail. For more information, visit the Harlem Valley Trail website, www.hvrt.org.
- There are numerous lightly traveled roads branching off of the routes described. Explore and enjoy!