

Kent, CT Bike Routes

A program of the
Upper Housatonic Valley
National Heritage Area



In partnership
with the
National Park Service



Photos Courtesy of The Bicycle Tour Company



Visit www.HouBikeWalk.org for
map downloads and details

HOUBIKE CUE SHEET

- R - Right Turn
- L - Left Turn
- S - Straight
- BL - Bear Left
- BR - Bear Right
- TL - Traffic Light
- SS - Stop Sign
- Y - Yield Sign

**Distances are in miles
and are approximate.**

Kent Loop 4

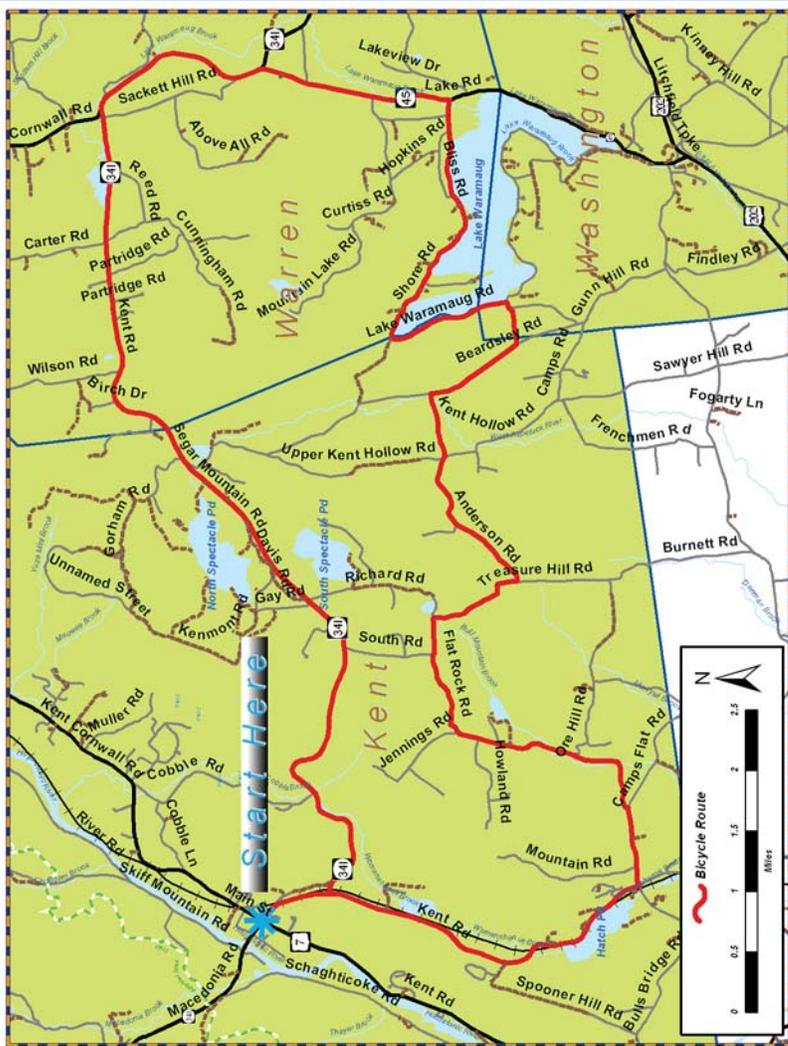
This 26 mile ride starts out dead flat but don't be fooled; there are two serious climbs on this ride.

Once you get onto South Kent Road, you ride past a mix of farm fields and forest. The short hill after the left onto Camp Flats Road is a taste of things to come. After you make the left onto Geer Mountain Road, watch for the palomino horses in the fields on the right. Soon after that is a steep climb. Stop at the top to take in the great views to the south - and to catch your breath.

After a few turns and a great downhill, you will make a left onto Lake Waramaug Road with great views of the Lake. Along the way is Lake Waramaug State Park where you can swim, refill your water bottles, and use their bathrooms. A few miles further along is the Hopkins Vineyard where you can get something stronger to drink.

After the left onto Route 45, it is back to climbing! But, there is a great swoopy downhill back into Kent.





Kent Bike Route # 4 - 28.9 miles
 Challenging road ride for experienced cyclists

0.0 From the traffic light / monument in the center of Kent follow 341 East / Maple Street.

0.7 Bear RIGHT at the fork onto South Kent Road after the dentist's office.

3.7 Turn Left on to Camp Flats Rd., which turns into West Meeting House Rd. THIS IS AN EASY TURN TO MISS. The left turn is after the lake on the right, and if you have biked to the railroad tracks, you have gone too far!

6.3 Continue STRAIGHT at the stop sign onto Barker Road, which is not marked with a street sign, but there is a sign for West Meeting House Road.

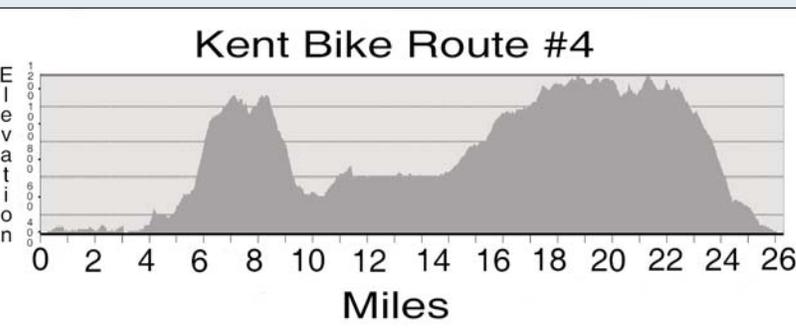
7.8 Bear RIGHT at the fork onto Cherniske Road.

9.5 Turn LEFT at the stop sign onto Sawyer Hill Road.

10.8 Do not turn right at Camps Road, which is an intersection before Kent Hollow Road, continue straight.

12.1 Turn RIGHT at the stop sign onto Kent Hollow Road, which is not marked with a street sign, but there are four mail boxes to the left.

12.5 Turn RIGHT at the stop sign and T-intersection onto Beardsley Road.



13.4 Turn LEFT onto Links Road, which is not marked with a street sign, but there is a golf course to the left after the intersection.

13.7 Turn LEFT at the stop sign by the lake onto West Shore Road, which is not marked with a street sign.

15.0 Turn RIGHT at the T-intersection onto North Shore Road.

17.3 Turn LEFT at the stop sign and T-intersection onto Route 45 North, direction Warren.

18.9 At the stop sign and T-intersection turn LEFT onto Route 45 North / 341 West, direction Warren.

20.4 Bear LEFT at the fork on 341 West.

20.5 At the traffic light continue STRAIGHT on 341 West direction Kent.

28.2 Bear RIGHT at the fork direction Kent 341 West.

28.9 Finish in the center of Kent by the traffic light and monument.

A few notes of explanation – and caution – are in order...

- All the routes are along existing roads. There are no dedicated bike paths.
- Obey the traffic laws! Under Connecticut law, bicycles are vehicles and must obey the traffic laws including stopping at traffic lights and riding on the right hand side of the road.
- Wear a bicycle helmet! And wear it properly!
- Respect the privacy of the property owners along the way.
- The good news is that the area is rural. The bad news is that services are limited. You should be sure to carry sufficient water and energy bars with you. Stock up when the opportunity presents itself.
- Cell phone service ranges from limited to non-existent. Don't count it being available.
- The Harlem Valley Rail Trail, a dedicated bike trail which runs along a north-south axis, is just to the west of Sharon and Salisbury. Routes 343 out of Sharon, Rt. 44 out of Salisbury and several smaller roads intersect with the Trail. For more information, visit the Harlem Valley Trail website, www.hvrt.org.
- There are numerous lightly traveled roads branching off of the routes described. Explore and enjoy!