

# Kent, CT Bike Routes

A program of the  
Upper Housatonic Valley  
National Heritage Area



In partnership  
with the  
National Park Service



Photos Courtesy of The Bicycle Tour Company



Visit [www.HouBikeWalk.org](http://www.HouBikeWalk.org) for  
map downloads and details

## HOUBIKE CUE SHEET

- R - Right Turn
- L - Left Turn
- S - Straight
- BL - Bear Left
- BR - Bear Right
- TL - Traffic Light
- SS - Stop Sign
- Y - Yield Sign

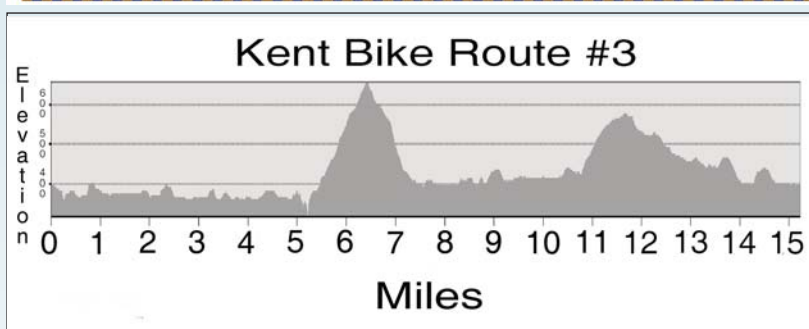
**Distances are in miles  
and are approximate.**

## Kent Loop 3

For the most part, this 15.4 mile ride follows the same roads as Ride #2. The only difference is a loop towards the end of Ride #2 that incorporates another good hill. At the intersection of South Kent Road and Route 341, instead of heading back to the center of Kent you make a right and start climbing up Route 341. After a little over a mile of steady climbing, you will make a left onto Cobble Road. Careful with this turn – cars come zooming down Rt. 341.

At the end of Cobble Road, make a left onto Route 7. For the culturally and/or historically inclined, the Sloane Stanley museum is on your right about 3/4s of a mile after your turn onto Route 7. The museum has exhibits of early American tools and a collection of Eric Sloane's art work. The ruins of a 19th century iron furnace is also on the museum grounds.





Kent Bike Route # 3 - 15.2 miles - Moderate degree of difficulty. Same bike ride as Route #2 with an option of 4 additional miles.

- 0.0 From the traffic light / monument in center of Kent ride in the direction of Bridge Street / 341 West.
- 0.7 TURN LEFT ONTO SCHAGHTICOKE ROAD AFTER THE KENT SCHOOL.
- 5.0 At the stop sign and T-intersection, turn LEFT onto Bull's Bridge Road.
- 5.3 After the covered bridge, cross Route 7 at the traffic light & continue STRAIGHT on Bull's Bridge Rd.
- 7.7 Turn LEFT after the railroad tracks and stop sign onto South Kent Road.(not marked)
- 10.6 Turn RIGHT at the fork / small triangle onto 341 East.
- 11.6 Turn LEFT onto Cobble Road.
- 13.4 Turn sharp LEFT at the stop sign onto Route 7 South. (not marked)
- 15.2 Finish in the center of Kent by the monument and traffic light.

## **A few notes of explanation – and caution – are in order...**

- All the routes are along existing roads. There are no dedicated bike paths.
- Obey the traffic laws! Under Connecticut law, bicycles are vehicles and must obey the traffic laws including stopping at traffic lights and riding on the right hand side of the road.
- Wear a bicycle helmet! And wear it properly!
- Respect the privacy of the property owners along the way.
- The good news is that the area is rural. The bad news is that services are limited. You should be sure to carry sufficient water and energy bars with you. Stock up when the opportunity presents itself.
- Cell phone service ranges from limited to non-existent. Don't count it being available.
- The Harlem Valley Rail Trail, a dedicated bike trail which runs along a north-south axis, is just to the west of Sharon and Salisbury. Routes 343 out of Sharon, Rt. 44 out of Salisbury and several smaller roads intersect with the Trail. For more information, visit the Harlem Valley Trail website, [www.hvrt.org](http://www.hvrt.org).
- There are numerous lightly traveled roads branching off of the routes described. Explore and enjoy!